1. KNOW YOUR MONITOR

- **Contaminations:**
  - The device is controlled and used for in-ambulatory environments.
  - The device is to be used as described in the user manual.
  - The patient should be clean and dry.
  - Do not use the monitor in areas containing high frequency (HF) surgical equipment.
  - Do not use the monitor near high voltage electrical equipment.
  - Do not use the monitor for children, babies, or pregnant women.

Caution

- **Indicates a potential hazardous situation.**
  - There might be a risk of injury if you are not cautious.
  - Follow the warning and caution instructions provided in this manual.

Intended Use

- **This device is a digital monitor intended for use in measuring blood pressure and pulse rate.**
- **This device is not suitable for use in emergency situations.**
- **This device is not intended for use by persons with impaired hearing, vision, or mental abilities.**
- **This device is not intended for use in critical care monitoring.**
- **This device is not intended for use by persons who cannot follow the instructions or who cannot follow the instructions contained in this manual.**

Important Safety Information

- Please read the Important Safety Information in this manual before using the device.
- Please keep the manual for future reference. For specific information about your own blood pressure monitor, contact your medical practitioner.

2. PREPARATION

2.1 Battery Installation

1. Remove the battery cover from your monitor.
2. **Insert two CR2032 lithium batteries.**
3. Replace the battery cover.

2.2 Applying the Arm Cuff

4. To take a measurement, you need to be relaxed and sitting down for at least 5 minutes prior to taking the measurement.

2.3 How to Set Correctly

1. To take a measurement, you need to be relaxed and sitting down for at least 5 minutes prior to taking the measurement.

2.4 Taking a Measurement

1. Use the blood pressure monitor without pairing to a smart device.
2. Download and install the "OMRON connect" app on your smartphone.
3. Open the app on your smartphone and follow the on-screen instructions to pair your OMRON blood pressure monitor with the "OMRON connect" app.
4. Place your monitor and pressure gauge correctly. To ensure accurate measurement, please follow the instructions provided in this manual.

3. USING THE MONITOR WITHOUT A SMART DEVICE

1. Connect your OMRON blood pressure monitor to your smartphone.
2. Download and install the "OMRON connect" app on your smartphone.
3. Open the app on your smartphone and follow the on-screen instructions to pair your OMRON blood pressure monitor with the "OMRON connect" app.
4. Place your monitor and pressure gauge correctly. To ensure accurate measurement, please follow the instructions provided in this manual.

4. USING THE MONITOR WITH A SMART DEVICE

1. Pairing Your Monitor with a Smart Device

2. Download and install the "OMRON connect" app on your smartphone.
3. Open the app on your smartphone and follow the on-screen instructions to pair your OMRON blood pressure monitor with the "OMRON connect" app.
4. Place your monitor and pressure gauge correctly. To ensure accurate measurement, please follow the instructions provided in this manual.

5. 4.1 Pairing Your Monitor with a Smart Device

1. Download and install the "OMRON connect" app on your smartphone.
2. Open the app on your smartphone and follow the on-screen instructions to pair your OMRON blood pressure monitor with the "OMRON connect" app.
3. Place your monitor and pressure gauge correctly. To ensure accurate measurement, please follow the instructions provided in this manual.

6. 4.2 Taking a Measurement

1. To take a measurement, you need to be relaxed and sitting down for at least 5 minutes prior to taking the measurement.
2. Connect your OMRON blood pressure monitor to your smartphone.
3. Download and install the "OMRON connect" app on your smartphone.
4. Open the app on your smartphone and follow the on-screen instructions to pair your OMRON blood pressure monitor with the "OMRON connect" app.
5. Place your monitor and pressure gauge correctly. To ensure accurate measurement, please follow the instructions provided in this manual.

7. 4.3 Turning "OFF" Bluetooth®

1. To turn off the Bluetooth® feature of your OMRON blood pressure monitor, follow these steps:
2. Press and hold the [+] button for more than 10 seconds.
3. Release the [+] button when "OFF" appears on the display.
4. Connect your OMRON blood pressure monitor to your smartphone.
5. Download and install the "OMRON connect" app on your smartphone.
6. Open the app on your smartphone and follow the on-screen instructions to pair your OMRON blood pressure monitor with the "OMRON connect" app.
7. Place your monitor and pressure gauge correctly. To ensure accurate measurement, please follow the instructions provided in this manual.

8. 4.4 Restoring Your Monitor to the Default Settings

1. To restore your OMRON blood pressure monitor to the default settings, follow these steps:
2. Press and hold the [-] button for more than 10 seconds.
3. Release the [-] button when "START/STOP" appears on the display.
4. Connect your OMRON blood pressure monitor to your smartphone.
5. Download and install the "OMRON connect" app on your smartphone.
6. Open the app on your smartphone and follow the on-screen instructions to pair your OMRON blood pressure monitor with the "OMRON connect" app.
7. Place your monitor and pressure gauge correctly. To ensure accurate measurement, please follow the instructions provided in this manual.

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6. Open the app on your smartphone and follow the on-screen instructions to pair your OMRON blood pressure monitor with the "OMRON connect" app.
7. Place your monitor and pressure gauge correctly. To ensure accurate measurement, please follow the instructions provided in this manual.

11. 4.7 Turning OFF Bluetooth®

1. To turn off the Bluetooth® feature of your OMRON blood pressure monitor, follow these steps:
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3. Release the [-] button when "OFF" appears on the display.
4. Connect your OMRON blood pressure monitor to your smartphone.
5. Download and install the "OMRON connect" app on your smartphone.
6. Open the app on your smartphone and follow the on-screen instructions to pair your OMRON blood pressure monitor with the "OMRON connect" app.
7. Place your monitor and pressure gauge correctly. To ensure accurate measurement, please follow the instructions provided in this manual.

12. 4.8 Restoring Your Monitor to the Default Settings

1. To restore your OMRON blood pressure monitor to the default settings, follow these steps:
2. Press and hold the [-] button for more than 10 seconds.
3. Release the [-] button when "START/STOP" appears on the display.
4. Connect your OMRON blood pressure monitor to your smartphone.
5. Download and install the "OMRON connect" app on your smartphone.
6. Open the app on your smartphone and follow the on-screen instructions to pair your OMRON blood pressure monitor with the "OMRON connect" app.
7. Place your monitor and pressure gauge correctly. To ensure accurate measurement, please follow the instructions provided in this manual.
5. ERROR MESSAGES AND TROUBLESHOOTING

5.1 Error Messages

<table>
<thead>
<tr>
<th>Error Display</th>
<th>Cause</th>
<th>Solution</th>
</tr>
</thead>
<tbody>
<tr>
<td>No power</td>
<td>Wires are not connected to the monitor.</td>
<td>Check the connections.</td>
</tr>
<tr>
<td>The battery door is not closed.</td>
<td></td>
<td>Close the battery door.</td>
</tr>
<tr>
<td>There is no display.</td>
<td></td>
<td>Check the connections.</td>
</tr>
</tbody>
</table>

6. MAINTENANCE, STORAGE AND CLEANING

6.1 Maintenance

To protect your monitor from damage, please follow the directions below:
- Store the monitor and the components in a clean, well-ventilated area.
- Do not store the monitor in extremely cold, extremely hot, or humid environments.
- Do not use high-voltage cleaners or volatile solvents to clean the monitor.
- Do not store the monitor in dusty environments.
- Do not store the monitor in environments where it will be exposed to direct sunlight.
- Do not store the monitor in environments where it will be exposed to abnormal pressure or atmospheric pressure changes.

6.2 Storage

Do not store the monitor in the following environments:
- Extreme temperatures or humidity
- Extreme pressure or atmospheric pressure changes
- Locations exposed to extreme temperature, humidity, direct sunlight, dust or other substances that may damage the monitor
- Locations exposed to vibrations, shocks or vibrations that may damage the monitor

7. DISPOSAL

Dispose of the monitor and components according to applicable local regulations. Improper disposal may cause environmental pollution.

8. SPECIFICATIONS

| Model | BF7000A-0111
| Display | 128 x 64 pixel LCD
| Sphygmomanometer | Arm or finger cuff
| Accuracy | ±3 mmHg
| Measurement range | Systolic: 0 to 299 mmHg
| Power | AC 220 V, 50/60 Hz

9. SYMBOLOGY DESCRIPTIONS / DEFINITIONS

10. FCC STATEMENT

FCC CAUTION

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced TV/radio technician for help.

11. LIMITED WARRANTY

Your BF7000 Upper Arm Blood Pressure Monitor, excluding batteries, is warranted to be free from defects in material and workmanship appearing within 5 years from the date of purchase, when used in accordance with the instructions provided with the monitor. The above warranty extends only to the original retail purchaser. We, at our option, replace without charge any monitor covered by the above warranty. Replacement is our only responsibility and your only remedy under the above warranty.

12. GUIDANCE AND MANUFACTURER'S DECLARATION

This product complies with IEC 60601-1-2:2007 in the electromagnetic compatibility (EMC) and safety standards for medical electrical equipment. This monitor is not intended for use in a pacemaker or a pacemaker programmer. This product is intended only for use in a medical environment.

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Made in Japan

Guidance and manufacturer's declaration - electromagnetic immunity

Unpack and inspect the monitor with care. If the monitor is damaged, do not use it. If you have any questions about the monitor, please contact OMRON's customer service.

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