

# OMRON®

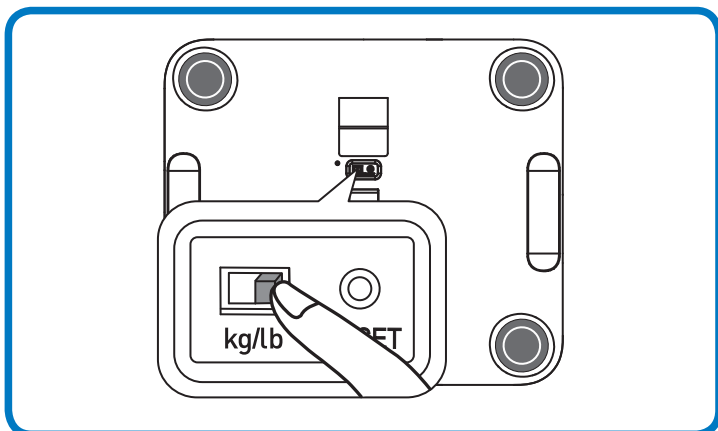
## Digital Weight Scale HN-290T



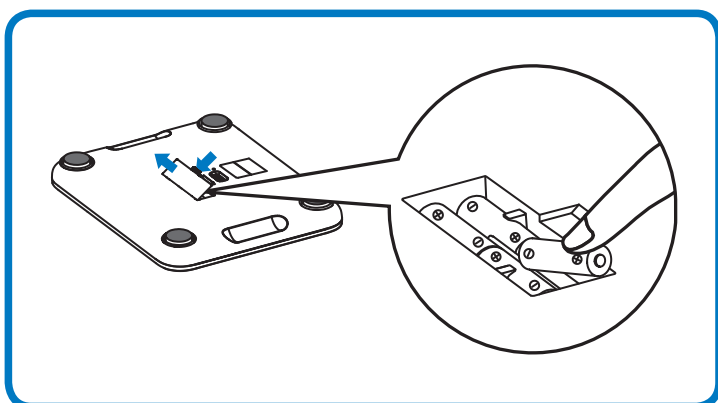
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### Quick Start Guide

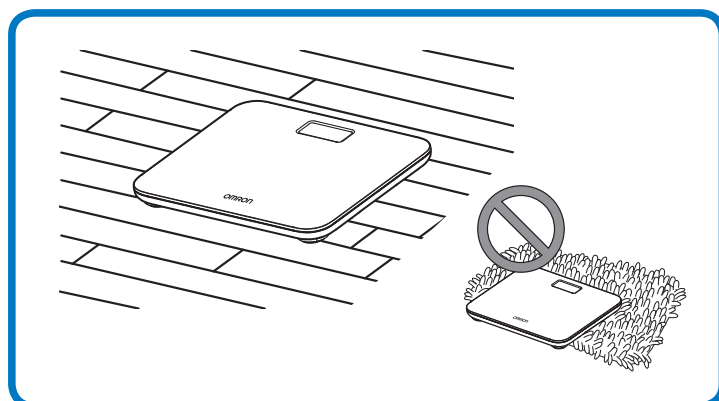
**STEP 1** Select the weight metric "kg" or "lb" when the power is off.



**STEP 2** Insert 4 "AA" batteries.

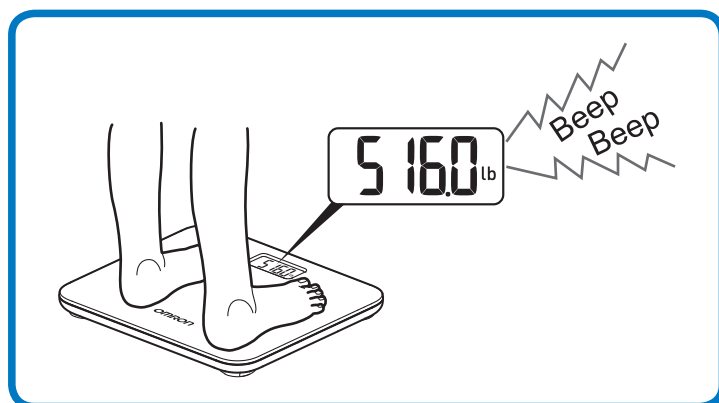


**STEP 3** Place the scale on a hard, flat surface, and calibrate.



Note: Step onto the scale to turn it on, then step off immediately to calibrate for initialization. Calibration is completed till "0.0 kg/lb" is displayed.

**STEP 4** Step onto the scale to take the measurement. When it beeps twice, the measurement is completed.



For more information, see the instruction manual.