

Focus Knee Replacement Pad

Instruction Manual

Model: PMKNPAD

(for use with the Focus TENS unit only)

OMRON[®]

HV-KNPAD-Z
2889253-0B

Single Patient Use Only.

Intended Use

The device is intended for the relief of pain associated with sore or aching muscles of the lower extremities (leg) due to strain from exercise or normal household work activities. It is also intended for the use of symptomatic relief and management of chronic, intractable pain associated with arthritis.

Environment of Use: Clinics, hospital and home environments

Patient Population: Adult

Device Description

The Focus Knee Replacement Pad is intended for use as a disposable, conductive adhesive interface between the patient's skin and the electrical stimulator. This pad should ONLY be used with the Focus (PM710-M/PM710-L), and applied on normal, healthy, dry, clean skin of adults.

Important Safety Information

⚠ WARNING

Indicates a potentially hazardous situation which, if not avoided, could result in death or serious injury.

- Keep this device and pad out of the reach of infants, toddlers or children.
- DO NOT place the pad near or on cancerous lesions, diseased skin, open wounds, rashes, swollen, red, infected or inflamed areas or skin eruptions such as phlebitis, thrombophlebitis and varicose veins.
- DO NOT place the pad over your neck because this could cause severe muscle spasms resulting in closure of your airway, difficulty in breathing, or adverse effects on heart rhythm or blood pressure.
- DO NOT place the pad on or near the head, mouth, face, heart or genitals.
- NEVER bend or fold the pad.
- Apply the pad ONLY to normal, intact, clean, healthy skin of adult patients.

⚠ CAUTION

Indicates a potentially hazardous situation which, if not avoided, may result in minor or moderate injury to the user or patient, or cause damage to the equipment or other property.

- DO NOT apply the pad with wet hands, and DO NOT apply the pad if it is wet.
- **The pad is for Single Patient Use Only.** NEVER share the pad with another person.
- DO NOT leave the pad placed on the skin after treatment.
- DO NOT overlap the adhesive surfaces of the pad or put them on top of each other.
- DO NOT apply any lotion, cream or ointment to the pad.
- The pad should not touch any metal object.
- To avoid damage to the adhesive surface of the pad, ONLY put the pad on the skin or the plastic pad holder.
- ALWAYS place the clean pad in accordance with the illustrations provided (Refer to the Focus instruction manual).
- Clean or change the pad when it loses adhesion.
- DO NOT use if the adhesive surface of the pad is damaged.

Adverse Reactions

- You may experience skin irritation and burns beneath the stimulation electrodes applied to your skin.
- You may experience headache and other painful sensations during or following the application of electrical stimulation near your eyes and to your head and face.
- You should stop using the device and should consult with your physician if you experience adverse reactions from the device.

Attaching the Device

1. Put the connector of the pad through the band port.
2. Hook one side of the device onto the band. Attach the connector to the connection port and push the device until it clicks.
3. Make sure the connection port is attached firmly to the connector.
4. Refer to the Focus instruction manual to place the pad below your knee.

Note:

- DO NOT use the pad after the expiration date.
- DO NOT touch the adhesive surface of the pad with your fingers.
- If the pad accidentally sticks to clothing, slightly moisten the pad from the opposite side of the clothing and then, peel it off. DO NOT forcibly peel the pad off of the clothing.
- Clean or change the pad when it loses adhesion.
- Replace the pad after 30 uses. The life of the pad may shorten due to your skin condition or the amount of perspiration that accumulates under the band while wearing it. If the adhesive surface peels off or slides or you feel that the treatment intensity has weakened, replace the pad immediately.

How to Clean the Pad

1. Remove the device from the pad.
2. Wipe the adhesive surface with a soft non-paper based cloth moistened with water. Do not damage the gel.
3. Place the pad onto the pad holder to allow the adhesive surface to air-dry.

Note:

- If the adhesive surface is too wet, turn it over and let it air dry before placing the pad onto the pad holder.
- Drying the pad too long may cause adhesive strength to weaken. Store it immediately after drying.

Storage

To extend the life of the pad, use and store properly.

1. Place the pad onto the pad holder.
2. Wrap the band around the pad holder.
3. Place the pad holder into the soft case included with the device.

Note:

- The pad can be placed onto either side of the pad holder.
- The device, pad and band on the pad holder can be stored together.
- Do not keep the device in areas subject to direct sunlight, high or low temperatures, humid areas, near fire, vibration, or shock.

Storage temperature

+32 - +104°F (0 - +40°C), 30 - 80% relative humidity

- Make sure the device has been turned off.

Read the Focus instruction manual for more detail.

If you have any questions or need assistance, please call 1-800-634-4350 or visit OmronHealthcare.com.



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