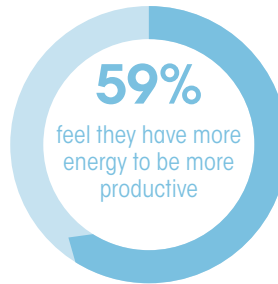
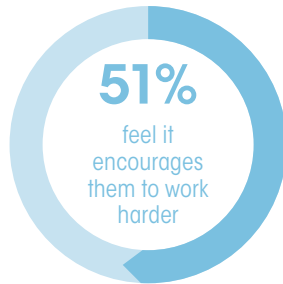


OMRON® Well @ Work

HEALTHIER, HAPPIER AND MORE PRODUCTIVE

Corporate Wellness Programs make employees more productive



There are numerous potential benefits to employers. A meta-analysis of corporate health and wellness programs shows for every corporate dollar spent on wellness programs, **an average of \$3.27 was saved.**

- Reduces cost for chronic diseases
- Reduces overall costs of healthcare coverage
- Decreases absenteeism
- Improves stress management
- Reduces employee turnover
- Improves worker satisfaction
- Improves morale
- Ensures greater productivity
- Improves fitness and health



Workers who exercise for 30 or more minutes on three or more days a week were 15 percent more likely to have higher job performance.

OMRON® Well @ Work

Omron's Well @ Work program is developed to make employees happier, healthier and more productive at work by helping them increase their daily fitness activities.






As they count and track their steps they can share and compete with one another to achieve their personal best. Employees will see results as studies show using a pedometer makes you walk 2,000 extra steps a day.

And through the process they will not only feel better but will be more motivated to give back to the company that took time to give to them.

Omron is the *Walking Partner* you can Count On

Omron's Well @ Work product offering includes three pedometers, one with connected capabilities to track and display results.

Our USB Pedometer can connect to your existing wellness program or Omron can set up a customized walking dashboard to track and report your results.

www.omronHealthCare.com		Non-Connected Manual Tracking		Web Based Connected Solution		
Well@Work WALKING PRODUCT SOLUTIONS						
	MODEL NUMBER		HJ-320BULK		HJ-321BULK	HJ-324U
	FEATURES/BENEFITS					
	Acceleration Sensor		Tri-Axis		Tri-Axis	Tri-Axis
	Steps		✓		✓	✓
Memory		7-day		7-day	7-day	
Clock		✓		✓	✓	
Auto Reset at Midnight		✓		✓	✓	
Distance		✓		✓	✓	
Calories Burned				✓	✓	
Aerobic Steps				✓	✓	
Steps per Minute				✓	✓	
Web Based Solution					✓	
Days of Activity Stored					22	
OTHER INFORMATION						
Battery		✓		✓	✓	
Holder		✓		✓	✓	
Strap with Clip				✓	✓	

Source: Stanford School of Medicine, November 2007

Welcome to the **OMRON** FITNESS CORPORATE WELLNESS WALKING PROGRAM

It's easy to get started:

- First, login to your OmronFitness account. If one has not been assigned to you, you'll need to create your own. Visit at **OmronFitness.com**, click the Sign Up button in the upper righthand corner and follow the prompts.
- Once your registration process is complete, navigate to your preferences by selecting the Profile button in the website banner.
- Scroll down to the Apps section and click the Link button next to "Omron Corporate Wellness."
- Enter the code that you've received from your program administrator or HR person. Once this step is complete, continue to upload your steps to **OmronFitness.com**.



If you need assistance go to
help.omronfitness.com

WHY CONNECT

YOUR OWN DEVICE?

The Omron Fitness Dashboard charts your progress while you set new goals and beat personal bests. Track and share your data with ease!