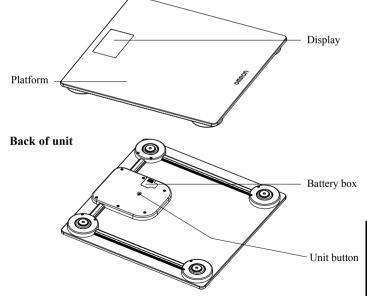
# 

# **INSTRUCTION MANUAL**

# **Digital Scale** Model **SC100**

Front of unit



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# **INTRODUCTION**

Thank you for purchasing the OMRON® SC100 Digital Scale.

Fill-in for future reference	
DATE PURCHASED:	

- Staple your purchase receipt here
- Register your product on-line at www.register-omron.com

Your SC100 comes with the following components:

- Scale
- · Instruction Manual
- Battery (CR2032)

### SAFETY INFORMATION

To assure the correct use of the product basic safety measures should always be followed including the warnings and cautions listed in this instruction manual.

SAFETY SYMBOLS USED IN THIS INSTRUCTION MANUAL				
<b>▲</b> WARNING	Indicates a potentially hazardous situation which, if not avoided, could result in death or serious injury.			
<b>△</b> CAUTION	Indicates a potentially hazardous situation which, if not avoided, may result in minor or moderate injury to the user or patient or damage to the equipment or other property.			

#### OPERATING THE DEVICE

- Do not begin a weight reduction or exercise program without consulting your physician or healthcare provider first. Self-diagnosis could damage your health.
- ▲ Keep the scale out of the reach of young children.
- ⚠ Read all of the information in the instruction manual and any other literature in the box before operating the unit.
- A Persons with disabilities or persons who are physically frail should be assisted by another person when using this scale or use a handrail, a walker, or other support device to prevent falling when stepping on and off the scale.
- ⚠ Do not step on the edge or the display area of the measurement platform. The scale may tilt and the display unit may be damaged.
- ⚠ Do not step on the measurement platform when your body or feet are wet, for example after taking a bath or shower. You may slide and lose your balance.
- A Do not place the scale on a cushioned floor surface such as a carpet or mat. A correct measurement may not be possible.
- ⚠ Do not use the unit on slippery surfaces such as tile floors or wet floors. The scale may move. You may lose your balance and fall.
- ⚠ Do not jump on the measurement platform. You may lose your balance and fall. The scale may be damaged.
- ⚠ Only use the battery specified for this scale. Do not insert the battery with the polarities in the wrong direction.
- ⚠ Do not expose the battery to flames or fire.

# SAFETY INFORMATION

- ⚠ Dispose of the device, battery, components and optional accessories according to applicable local regulations. Unlawful disposal may cause environmental pollution.
- ⚠ Operate the unit only as intended. Do not use for any other purpose.
- ⚠ Do not put your fingers into any slot or inside the scale.
- ⚠ Use indoors.
- ⚠ This unit is intended for home use only. It is not intended for professional use in hospitals or other medical facilities. This unit does not support the standards required for professional use.
- ⚠ Clean the scale before using the unit with people who have a skin or foot disease.
- ⚠ Approved for human use only.
- ⚠ The glass on the scale can be slippery so be careful not to fall.
- ⚠ Do not store the scale in locations that may expose it to chemical or corrosive vapours.
- ⚠ Do not place the scale against walls. Doing so may cause injury or malfunction.

#### CARE AND MAINTENANCE

- ⚠ Do not disassemble or modify the unit. Changes or modifications not approved by Omron Healthcare will void the user warranty.
- ⚠ Do not subject the scale to strong shocks, such as dropping the unit on the floor.
- ⚠ Do not submerge the device or any of the components in water.

#### General Advice:

- For correct measurements
  - Please store this scale on level ground.
  - Do not store any objects on the platform.



# **BATTERY INSTALLATION**

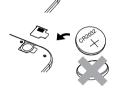
#### BATTERY PLACEMENT

Before using this scale for the first time you must first install the enclosed battery. You will need to pull out the battery insulation film when you insert the battery for the first time.

- 1. Open the battery cover.
- Put one 3V lithium battery into the battery box (positive pole upward) and then tightly close the battery box.



When installing the battery, please do not press the base of the scale, it may cause an inaccurate measurement. If this happens, reinstall the battery or place the scale on a flat surface for at least 20 minutes before you take the measurement again.



#### WHEN YOU INSTALL THE BATTERY FOR THE FIRST TIME

1. This is what the display looks like after initial battery placement.

88888

2. After 1-2 seconds the display will return to zero.

0.0

Place the scale horizontally on a flat surface.
 The power turns off after the scale displays the value automatically (Note: the value 1.5 is for instance)

*I.*5 *0.0* 

# **BATTERY INSTALLATION**

#### NOTE:

If it is not placed horizontally, incorrect measurement may occur.

#### About the battery

- (1) If the display shows **L a** it means the battery is running out. Please replace the battery.
- (2) The battery is one 3V lithium battery.
- (3) L o sign may not appear when old battery is used.
- (4) Battery life is approximately 1 year (measured 4 times a day).
- (5) Remove the battery when not using the unit for a long time. If the unit with the installed battery is not used for long time, it may cause battery leakage and product failure.

# **HOW TO TAKE A MEASUREMENT**

1. Step onto the unit.

Stand with your weight evenly distributed on the measurement platform. Remain still and do not move until the measurement is complete.

Check the measurement results. When (LB) is displayed, the measurement ends.

Step off the unit.
 The scale will be automatically turned off after 16 seconds.

#### NOTES:

- If you stand in an unstable manner, the display value will flash and automatically shut down 10 seconds later.
- You can change the measurement unit.
  - 1) Press the platform to turn the unit ON.
  - 2) Press the Unit button on the back of the unit to select the desired measurement unit, "lb" or "kg".

The unit changes with each press of the Unit button.

# **HOW TO TAKE A MEASUREMENT**

### **ERROR INDICATORS**

Error Display	Cause	Correction
Lo	The battery is running out	Change the battery
	The weight measured is beyond the measurement scope	
ErrE	Measurement error	Repeat measurement

### TROUBLESHOOTING TIPS

Problem	Cause	Correction
Fail to turn on	Is the scale placed on an uneven surface?	Please measure on a hard and level surface.
	Is the battery running out?	Change the battery.
	Is battery polarity ⊕⊖ placed correctly?	Please insert ⊕⊖ battery according to the right direction.
Weight displayed is unusually light or heavy	Is the scale placed on an uneven surface?	Please measure on a hard and level surface.

### **CARE AND MAINTENANCE**

To keep your Digital Scale in the best condition and protect it from damage, follow the directions below:

Clean the scale with a soft dry cloth. Do not use abrasive or volatile cleaners. The scale is not waterproof.

**Store the scale in a safe and dry location.** Do not expose the scale to direct sunlight, extreme hot or cold temperatures or humidity. Thoroughly dry any moisture off the scale before storing.

Remove the battery if the scale will not be used for three months or longer.

Use the scale consistent with the instruction provided in this manual.

# **SPECIFICATIONS**

Product Name Digital Scale

Model SC100 (HN-286-Z)

Weight Display 0 - 400 lb

0 - 180 kg

Minimum Display Unit 0.2 lb

0.1 kg

Power 1 battery 3V lithium battery (CR2032 type)

Operating Temperature/

+41°F to +95°F (+5°C to +35°C), 30 to 85% RH

Humidity

Battery Life Approximately 1 year (measured 4 times a day)

Dimensions Approximately 11 3/4" (W) x 3/4" (H) x 11 3/4" (D)

Weight Approximately 3.3 lb (including battery)

Contents Digital Scale, Battery (CR2032), Instruction Manual

\* Specifications are subject to change without prior notice.





### **FCC STATEMENT**

#### NOTE:

POTENTIAL FOR RADIO/TELEVISION INTERFERENCE (for U.S.A. only)

This product has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules.

These limits are designed to provide reasonable protection against harmful interference in a residential installation. The product generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If the product does cause harmful interference to radio or television reception, which can be determined by turning the product on and off, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the product and the receiver.
- Connect the product into an outlet on a circuit different from that to which the
  receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

#### POTENTIAL FOR RADIO/TELEVISION INTERFERENCE (for Canada only)

This digital apparatus does not exceed the Class B limits for radio noise emissions from digital apparatus as set out in the interference-causing equipment standard entitled "Digital Apparatus", ICES-003 of the Canadian Department of Communications.

Cet appareil numérique respecte les limites de bruits radioélectriques applicables aux appareils numériques de Classe B prescrites dans la norme sur le matériel brouilleur: "Appareils Numériques", ICES-003 édictée par le ministère des communications.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

### LIMITED WARRANTY

Your OMRON® SC100 Digital Scale, excluding the battery, is warranted to be free from defects in materials and workmanship appearing within 1 year from the date of purchase, when used in accordance with the instructions provided with the unit. The above warranties extend only to the original retail purchaser.

We will, at our option, repair or replace without charge any scale covered by the above warranties. Repair or replacement is our only responsibility and your only remedy under the above warranties. To obtain warranty service contact Omron Healthcare's Customer Service by calling 1-800-634-4350 for the address of the repair location and the return shipping and handling fee. Information for warranty service is available on our website at www.omronhealthcare.com

Enclose the Proof of Purchase. Include a letter, with your name, address, phone number, and description of the specific problem. Pack the product carefully to prevent damage in transit. Because of possible loss in transit, we recommend insuring the product with return receipt requested.

THE FOREGOING IS THE SOLE WARRANTY PROVIDED BY OMRON IN CONNECTION WITH THIS PRODUCT, AND OMRON HEREBY DISCLAIMS ANY OTHER WARRANTIES, EXPRESS OR IMPLIED, INCLUDING IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE. IMPLIED WARRANTIES AND OTHER TERMS THAT MAY BE IMPOSED BY LAW, IF ANY, ARE LIMITED IN DURATION TO THE PERIOD OF THE ABOVE EXPRESS WARRANTY.

OMRON SHALL NOT BE LIABLE FOR LOSS OF USE OR ANY OTHER SPECIAL, INCIDENTAL, CONSEQUENTIAL OR INDIRECT COSTS, EXPENSES OR DAMAGES.

This warranty provides you with specific legal rights, and you may have other rights that vary by jurisdiction. Because of special local requirements, some of the above limitations and exclusions may not apply to you.

#### FOR CUSTOMER SERVICE

Visit our web site at: www.omronhealthcare.com Call toll free: 1-800-634-4350

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